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# EveryGirl's Guide To Roller Derby



## **Synopsis**

EveryGirl's Guide to Roller Derby is a pithy guidebook about the culture of roller derby, which is meant to celebrate the resurgence of the sport of roller derby, an era when thousands of women united to recreate a sport. Roller derby encompasses third-wave feminism - a movement that celebrates the uniqueness of women, but is not embraced in American society - and the sport's rapid growth is a sign that women all over the world in search of "something" have found it in roller derby. Pairing a no-nonsense tone and the culture of roller derby as the only subject matter, this guidebook aims to use humor as a means to tackle serious female issues. These include: body image consciousness, lack of confidence, miscommunication and fatalism. It pokes fun at traditional ways of viewing womanhood in attempt to make the reader hold a mirror to herself and laugh, rather than despair.

## **Book Information**

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## **Customer Reviews**

This book touches on a few things that COULD have been helpful, but never goes deep enough to be worthwhile. The whole section on cross-training, for example, is essentially just: "Cross-training

is important. You should take stairs when you're at work." Chapters are usually only 2-3 pages long, which includes a half-page sized picture. Also, everything seems to have a negative attitude towards skater interaction--not one of the skater archetypes she lists in one chapter is a positive description of a roller girl. And like another reviewed mentioned, there are some very disappointing language choices--author says "retard" quite a bit and also makes some rape jokes. As part of the roller derby community, I am embarrassed by this book. :(

I really enjoyed reading this book. I'm glad I didn't let the negative comments take away from the good. The language in the book made me think of quite a few girls I know so I wasn't bothered. I definately wish it was longer, but mostly because I was sad when I finished. It touches on key points and is exactly what it says it is, a guide not a step by step process. Already put in an order for the fresh meat book :)

This book is written in by Punchy O' Guts - one of the most dedicated and smartest roller derby players on the planet. Those things combined make this a great book. "EveryGirl's Guide to Roller Derby: A Navigational Guide through the World of Roller Derby" speaks the truth and gives insight and wisdom to the world of Roller Derby. Hallelujah. Can I get a witness? Yes... and that witness is This book is raw, fun, funny, creative, rough, funny again, thoughtful, thought provoking and ultimately helpful. The chapters are small which makes it perfect to read before bed, in the car on the way to practice, on road trips, on the phone to your derby wife, on the beach, waiting in line, at a red light, at a basketball or baseball game, on your lunch break or on the toilet. I will finish reading this book and then I will begin reading it again immediately after with a highlighter in hand. You can also purchase it through a derby owned business like the Bruised Boutique Skate Shop - derby owned and awesome customer service! [...] -winka winka

This is -the- reference to derby that should be in every girls skate bag. As "fresh meat" it will allow you to safely and efficiently navigate your first few practices without being killed and eaten by the other players. If you've played derby before you will appreciate Punchy's hilarious take on the game, the players, and the culture that makes Roller Derby such a great, fast moving, and fast growing sport.

I enjoyed this book as a research tool for fiction writing about derby girl culture, but I wish it had more information about the sport itself-a rule book so to speak. I had to go online to find out in more

detail. One thing it did give me lots of was terminology and that was super helpful.

I'm in a very rural area and we are trying to start a roller Derby league. I loved reading this book, and have learned so much from it already. :)

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